

The Newsletter of First Presbyterian Church Mountain Home, Arkansas

SEPTEMBER 2022



Sunday Worship Services 10:00 am

Coffee Fellowship after Worship Service

Phone: 870-425-3799 email: fpcmh@centurytel.net

Office hours: 9:00 am to 3:00 pm

Monday– Thursday

WAYS TO WALK

If you think walking is boring or repetitive, read 52 Ways to Walk. Author Annabel Streets shares dozens of variations on this healthy pastime. From walking in the cold or at altitude to walking along a river or barefoot (or even backward!), each technique offers different benefits and new perspectives. Other ideas include a sensory walk, a silent walk, a foraging walk and singing while strolling. As Christians know, walking can be a great time to connect with God in prayer too.

Scripture speaks often about our spiritual walk: We are to walk "faithfully" with God (Genesis 5:24, NIV), walk "in all his ways" (Joshua 22:5, NRSV), walk "humbly" with God (Micah 6:8), walk "while you have the light" (John 12:35), walk while praising God (Acts 3:8), walk "by faith, not by sight" (2 Corinthians 5:7), walk "by the Spirit" (Galatians 5:16) and walk "in the same way" as Jesus walked (1 John 2:6, NRSV).

As we walk — even through dark valleys — we're never alone. God promises, "I will walk among you and be your God" (Leviticus 26:12, NIV).

-Stephanie Martin

Special Dates in SEPTEMBER

BIRTHDAYS

Sept. 4– Margie Williamson . National Grandparents



- Labor Day, September 5, 2022
- Patriot Day, September 11, 2022
 - National Grandparents Day, September 11, 2022
- Hispanic Heritage Month, 15– Oct. 15, 2022
- First day of Autumn, September 22, 2022

Jesus, in our hearts we carry grief, anxiety, weariness and more. Help us release those burdens to you and take on your lighter yoke: a peace the world cannot give.

Serving in WorshipImage: Serving in WorshipImage: Serving in WorshipImage: Serving in WorshipImage: Serving in WorshipSept. Lay Readers4th-Don Crapnell1th-Ralph GillespieIth-Ralph Gillespie

18th-Kay Kunkel

25th-Nancy Priest

Don't forget to volunteer to host fellowship by signing up on the bulletin board on the way to the fellowship hall. There is a sign up sheet for Sept. and Oct. currently hanging on the board. 4th-Sherman Fine 11th-Ellen Jordan 18th-Sherman Fine 25th-Mary Smith

MATERIAL SAFETY DATA SHEET:

Woman, a chemical analysis

Element: Woman Symbol: Wo Discoverer: Adam Atomic Mass Accepted as: 118 lbs., known to vary from 110 to 550 lbs. Occurrence: Copious quantities throughout the world.

Physical properties:

- 1. Surface usually covered with a painted field and a variety of esthers.
- 2. Boils at nothing, freezes without reason.
- 3. Melts when given special treatment.
- 4. Bitter if incorrectly used.
- 5. Found in states varying from virgin metal to common ore.
- 6. Yields to pressure applied at correct points.

Chemical properties:

- 1. Has a genuine affinity for gold, silver, platinum, and precious stones.
- 2. Absorbs great quantities of attention.
- 3. VOLATILE: May explode without warning for no apparent reason.
- 4. Insoluble in water, but activity greatly increased with alcohol.

Most common uses:

- 1. Primarily ornamental, especially in sports cars.
- 2. Found to be a great aid to relaxation.



Tests:

- 1. Pure specimen turns rosey pink when discovered in its natural state,
- 2. Turns green when placed next to a fresher specimen.

Church Leadership Meetings

AUGUST SESSION UPDATE

The Session did not meet in July. The last Session meeting was on Sunday, August 28th. Dr. Rev. Leslie Belden preached and moderated the meeting following the Service. A complete copy of the minutes is available on the bulletin board in the mail room.

Summer is ending, O Holy One. Stir up my anticipation and hope for new routines and endeavors. Thank you for being with me in all seasons of life.

AUGUST DEACONS UPDATE

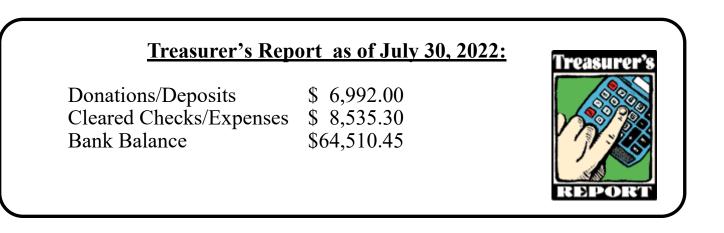
The Deacons met on June 21 at 10 am. Each Deacon is aware of what is happening in thelives of their church families, and share concerns and joys to make us aware of each member or church friend. The Deacons also shared joys and concerns within their own families.

There is no report from the August 10 meeting.

The next Deacons meeting will be **announced soon.**

Marty Hasty-Moderator

"My refuge and my fortress; my God, in whom I trust": I thank you for the assurance that whenever I call on you, you will answer (Psalm 91:2).



Mission Matters



Our mission this month is to give the congregation a break from their generous donations.

We will be hosting a picnic on **September 25** after service. The mission committee will be making "Sloppy Joes", tea, lemonade and coffee.

The congregation will bring a dish to pass. Please leave your name, how many are attending with you, and what dish you will bring. The sign up sheet is on the Fellowship Hall bulletin board.



Looking forward...

We will be starting to collect items for "Samaritans Purse Operation Shoe Box" at the **end of September through mid November**. Turning in the boxes between **November 14 and November 21**. We can make the boxes ourselves or order off the internet for **\$25 each**.

If you would like to order online, Carolyn Hannon has volunteered to assist anyone wanting help.

For more information please call Mary Smith 870.321.4676 or Carolyn Hannon 813.783.4701 or 870.701.3200



Women of the Church

The Women of the Church met in Fellowship Hall on August 9, 2022. There were 13 present to hear Eleanore Wheeler' presentation of the lesson on Ruth. Ruth was a noted person in the old testament, a great grandmother of David.

The women in the lineage of Jesus were interesting, brave women. Come and join us on **September 13, 1:00 pm in Fellowship Hall** to learn about Bathsheba. We have delicious refreshments, door prizes, and a great time of fellowship as we learn about the interesting, and sometimes shocking , lives of the women of the Bible.

The lesson will be brought by Kay Kunkel. Hostesses will be Ellen Jordan and Loweta Rogers.

WORSHIP COMMITTEE

September Communion Servers are Mark and Pam Guth.

The worship committee is looking for volunteers to serve communion to the shut ins. Please contact Carolyn Hannon if you are interested.

A reminder that as in the past, you are expected to collect and dispose of the used wine glasses and clean the communion trays, challis, and pitcher. Thanks for serving your church family. You will each hold one of the communion sacraments and present it to the participant. The server of the wafers will have a disposable glove to wear.

The ushers are now bringing the tithes forward. The lay reader will ask for the tithes and first fruit to be brought forward. Marilyn will start the Doxology and the usher will come forward and stand at the steps during the prayer and then return to their seat.

Carolyn Hannon, Worship Committee Moderator

SCRIPTURES FOR SEPTEMBER 2022

Sunday Sept. 4	13th Sunday after Pentecost
	Deuteronomy 30:15-20
	Psalm 1
	Philemon 1-21
	Luke 14:25-33
Sunday Sept. 11	14th Sunday after Pentecost
	Exodus 32:7-14
	Psalm 51:1-10
	1 Timothy 1:12-17
	Luke 15:1-10
Sunday Sept. 18	15th Sunday after Pentecost
	Amos 8:4-7
	Psalm 113
	1 Timothy 2:1-7
	Luke 16:1-13
Sunday Sept. 25	16th Sunday after Pentecost
	Amos 6:1a, 4-7
	Psalm 146
	1 Timothy 6:6-19
	Luke 16:19-31
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SEPTEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1	2 Office	3 closed
4 Communion	5 Labor Day Office Closed	6	7 <u>NO Missions</u> <u>Mtg this Month!</u>	8 Master Gardeners Meet 12 pm	9 Office	10 closed
11	12	13 Women of the Church 1PM	14	15	16 Office	17 closed
18 Special Con. Mtg. Leslie Belden Preach/Moderate	19	20	21	22 1st Day of Autumn Deadline to submit for RedBud	23 Office	24 e closed
25 Church Picnic!	26	27	28	29	30 Office	1 closed

First Presbyterian Church

1106 Spring Street

Mountain Home, AR 72653

RETURN SERVICE REQUESTED



Church Office Hours 9:00 a.m.—3:00 p.m. /Monday -Thursday Church Mailing Address: 1106 Spring Street Mountain Home, AR 72653 8704253799 fpcmh@centurytel.net Website: www.fpcmh.net

Sunday Worship: 10:00 a.m.